



Belfast 2010

Irish Student Trampoline Open

Procedural Safety Statement

Here follows a description of health and safety measures taken and followed before, during and after the Irish Student Trampoline Open 2010, hereafter referred to as 'ISTO', or 'the event'. This is a guideline document the aim of which is to inform and is therefore not intended to be a legal document.

Equipment

Equipment shall be moved, handled, set up and down only by appropriately qualified personnel possessing qualification from Irish Gymnastics (I.G.), British Gymnastics (B.G.) or any other Federation de Gymnastique International (F.I.G.) affiliated body. Equipment shall be moved, handled, set up and down in strict accordance with I.G. and B.G. set-up and handling procedures. These procedures are readily available for viewing at the British Gymnastics website. <http://www.british-gymnastics.org/>

First Aid Provisions

First Aid will be provided in three forms:

- a) The St. Johns Ambulance will supply and ambulance-ready first response team for the duration of the event. Equipment shall not be utilised without the presence of this delegation.
- b) Queens University Belfast's sports hall staff will include among their number, for the duration of the event and external to it, appropriately qualified first aid response staff. They shall also have on the premises appropriate medical equipment including but not limited to, back boards, difibulators, respiratory aids etc. Qualified staff for each of these will be on the premises for the duration of, and external to, the event.
- c) The Irish Student Trampoline Open 2010 Committee shall have among its number at least one Level Three Rescue Emergency Care qualified member. This committee shall also be aware of, and actively make themselves known to, other qualified first-aiders among the participants of the event.

The Irish Student Trampoline Open 2010 Committee recommend, but do not insist, that each participatory University team have among their number at least one relevantly qualified first-aider.

Provision of Coaches

At least one Trampoline coach and one coach's assistant will be provided during the running of the event for each piece of equipment used. Coaching qualifications will be recognised from I.G., B.G., F.I.G, Scottish Gymnastics and any other internationally recognised Gymnastics or trampolining body. Only coaching qualifications specifically relevant to trampoline gymnastics will be deemed acceptable. Activities and usage of a piece of trampoline apparatus will cease immediately should no qualified coach be available to supervise its usage.

The Irish Student Trampoline Open 2010 Committee recommend, but do not insist, that each participatory University team have among their number at least one relevantly qualified Trampoline coach, such as B.G. Level 2, or I.G. Level 1.

Fire Safety and Evacuation Procedures

Queens University Belfast's sports hall will provide appropriate fire and hazard extinguishment equipment. HACCP guidelines and evacuation procedures for the facility will be made known to and actively be familiarised with the ISTO Committee. All Fire Exits and building escape routes will be made known clearly and concisely to all participants at the beginning of each day of the event. In the event of a crisis or fire, the ISTO Committee will actively assist in the safe and swift evacuation of the facility.

The ISTO Committee will have among its number at least one member qualified in the usage of fire extinguishing equipment.

All other health and safety procedures and requirements will be discussed and catered for in a pro-active manner by the ISTO 2010 Committee in association with Queens University Belfast's sports hall staff and Safety Officer.