

Tariff Judging

- Positions

To determine body shape during an element; assess the shape based on the least difficult shape adopted during the middle phase of the element.

- Straight position: <135° angle between upper body & thighs.
- Pike position: »135° angle between upper body & thighs.
<135° angle between thighs & lower legs.
- Tuck position:»135° angle between upper body & thighs.
»135° angle between thighs & lower legs.
- Whip: any backward, non-twisting, single somersault, executed at shoulder height/ below, regardless of position.

- With the exception of flic-flacs, whip backs, & round-offs no element may be repeated during a routine, otherwise the difficulty of the repeated element will not be counted.

- Somersaults will not be considered as repetitions if they are preceded by a different element.

Move	Tariff	Move	Tariff
Cartwheel	0.1	Full in/ Back in full	
Forward/ Backward roll		• Tucked	2.4
Pike/ tuck/ straddle jump		• Piked	2.6
		• Straight	2.8
Round off	0.2	Full & a ½ in back out	3.2
Back/ front handspring			
Whip	0.3	Full in full out	
		• Tucked	3.2
		• Piked	3.6
Back/ Front Tuck	0.5	Full in double full out	
		• Tuck	4.4
		• Pike	4.8
Back/ Front Somersault	0.6	Double full in double full out straight	6.4
• Piked			
• Straight			
• With a ½ twist (Barani/ Arabian)			
Side somersault		Miller Straight	4.8
• Tucked	0.5		
• Piked	0.6		
Somersault with		Triple	
• Full twist	0.7	• Tuck	4.5
• 1 & ½ twist	0.9	• Pike	5.1
• Double twist	1.1	• Straight	5.7
• 2 & ½ twists	1.4	• Half in tucked	5.4
• Triple twist	1.7	• Half in piked	6.0
• 3 & ½ twists	2.1		
• 4 twists	2.5		
Double		Full in triple	
• Tucked	2	• Tuck	6.3
• Piked	2.2	• Pike	6.9
• Straight	2.4		
Half in/ out		Quadruple back tucked	8.0
• Tuck	2.2		
• Pike	2.4		
• Straight	2.6		